

Workshop Nepalese Temple Dance with Shahrazad



Prajnaparamita with SHAHRAZAD

Saturday 12th august 2017 14.00 hrs - 17.00 hrs

Location: Buikdansschool -Faracha- Maassenweg 6, 6003 AH WEERT-NL-

Price: € 33 Price includes tea & snacks Registration & payments before August 5
Payments to IBAN NL89INGB0000948533 t.n.v. Faracha Weert with your name and 12/8

Dresscode: White (if possible)

Nepal has ancient dance tradition, which is maintained and being passed on by the cast of **Newar** priests. It is all about ritual dances, meant to enable the dancer as well as the spectator to visualise certain deities with all their specific qualities.

Shahrazad studied this so called **Charya dance style** with **Prajwal Ratna Vajracharya** in **Katmandu** in 1997. A characteristic "eternal step" is used, in combination with many **Mudras**, meaningful hand and finger gestures, which enable the dancer to "speak with her/his hands."



Prajnaparamita is the name of a Buddhist Goddess. She symbolises a 2000-year old Sutra, the **Heart Sutra**, which reveals the essence of Buddhist Wisdom. In this workshop we learn to understand its content and how to translate that into dance.

The **Bengali composer Subhankar Chatterjee** created an **absolutely beautiful and inspiring piece of music** especially for this project of Shahrazad. In it, part of the Heart-Sutra text is being sung in Sanskrit by an Indian lady singer. This dance is meditative, relatively slow and the movements flow elegantly.

Shahrazad has been a Buddhist scholar since 1974 and works as a professional dancer since 1982. She lives in Cologne, Germany, where she runs a dance school, "Studio Mashallah". Shahrazad has been teaching and performing in 33 countries, including Nepal. She produced several full-length shows, such as "The Story of the Lotus", "Dreams of Peace" and the "World of Tara". She studied for 6 years at the Academy for applied Arts in Maastricht and is a certified yoga teacher.

The participants will receive a detailed script of the choreography and the music. 🐾

